## WEEKLY ACTIVITIES

MP - Main Pool

| MONDAY   | 09.45 am   | 10.00 am                  | 10.30 am                | 11.00 am                     | 12.00 pm                               | 1.00 pm   | 2.00 pm  | 3.00 pm          | 4.00 pm                                  | 6.30 pm                        | 7.30 pm                                    |
|----------|--|---------------------------|-------------------------|------------------------------|--|---|--|------------------|--|--------------------------------|--|
| SPG-East | Theory<br>Lessons<br>on<br>Watersports<br>Activities | Heart of<br>House<br>Tour | Aqua<br>Aerobics        | Spin the<br>Wheel of<br>Luck | Local Artist<br>Show his<br>Talent     | Wet<br>Sponge<br>Relay  | Petanque<br>Competition                              | Touch<br>Rugby   | Volleyball                               | Torch<br>Lighting<br>Ceremony  |  |
| TUESDAY  | *WSB   | *BB                       | *MP                     | *BB                          | *LL                                    | *BB   | *88  | *BB              | *88                                      |                                |  |
| spg.     | Morning<br>Volleyball                                | Zumba<br>Class            | Aqua<br>Aerobics        | Ice Cubes<br>Games           | Wood<br>Carving<br>Demo                | Uses of<br>Coconut  | Basket<br>Weaving                                    | Soccer           | Volleyball                               |                                | Evening<br>Ritual                          |
| WEDNESDA | Y  | 00                        |                         | 00                           |  | 55  | 55   | 55               | 00                                       |                                |  |
| Spg. Est | Theory<br>Lessons<br>on<br>Watersports<br>Activities | Petanque<br>Game          | Aqua<br>Aerobics        | Frozen<br>T-Shirt<br>Game    | Grass Skirt<br>&<br>Sulu Tying<br>Demo | Meet our<br>Warriors -<br>With our<br>lengendary<br>war clubs | Kava T<br>&<br>Sigio                                 |                  | Volleyball                               | Charity<br>Crab Race<br>- 6 pm | Torch<br>Lighting<br>Ceremony<br>- 6.30 pm |
| THURSDAY | *W5B   | *BB                       | *MP                     | *BB                          | *LL                                    | *LL   | ٩.   | L                | *BB                                      | *CHIME                         |  |
| SPg-EF   | Morning<br>Soccer                                    | Heart of<br>House<br>Tour | Aqua<br>Aerobics        | Watermelon<br>Bashing        | Kokoda<br>Demo                         | Book<br>Marker<br>Making                                      | Zumba<br>Class                                       | Word<br>Scramble | Volleyball<br>Management<br>Vs<br>Guests | Torch<br>Lighting<br>Ceremony  |  |
| FRIDAY   | *BB  | *BB                       | *MP                     | *BB                          | *BB                                    | *BB   | *BB  | *BB              | *BB                                      | *BB                            |  |
| spg.     | Theory<br>Lessons<br>on<br>Watersports<br>Activities | Heart of<br>House<br>Tour | Aqua<br>Aerobics        | Quiz<br>Time                 | Local Artist<br>Shows his<br>Talent    | Bingo<br>Game   | Hand line<br>Fishing                                 | Touch<br>Rugby   | Volleyball                               |                                | Evening<br>Ritual                          |
| SATURDAY | *WSB   | *BB                       | *MP                     | *BB                          | *LL                                    | *BB   | *BB  | *BB              | *BB                                      |                                | *BB  |
| SUNDAY   | Petanque<br>Game                                     | Zumba<br>Class            | Aqua<br>Aerobics<br>*MP | Bravelet<br>Making           | Wood<br>Carving<br>Demo                | Basket<br>Weaving<br>*88                                      | Pineapple<br>Bashing<br>BB                           | Soccer<br>*88    | Volleyball                               |                                | Evening<br>Ritual<br>*BB                   |
| spg.     | Theory<br>Lessons<br>on<br>Watersportd<br>Activities | Heart of<br>House<br>Tour | Aqua<br>Aerobics        | Charity<br>Frog<br>Race      | Garland<br>Making                      | Fijian<br>Language<br>Lessons                                 | Kava Tasting<br>&<br>Fijian<br>Historical<br>Stories | Touch<br>Rugby   | Volleyball                               |                                | Evening<br>Ritual                          |